## Participant Information Sheet

We recommend you read the following before giving your consent to take part.

This project is a collaboration between Andy Pike and STAGE-28 International to establish a database of psychological changes following your meeting(s) with Andy after any trauma(s) you were involved in. If Andy's methods are helpful this portal will show that and invite us to bring his methods to the attention of mental health authorities.

The questionnaires you are asked to complete measure depression, anxiety and PTSD symptoms. They also measure posttraumatic growth, something not expected after standard therapy, and so would be interested to see if you report it. Your scores will be e-mailed to Andy Pike for him to report to you two weeks after your final session.

Your responses will be stored on STAGE-28's encrypted servers to ensure nobody outside STAGE-28 can access your scores and identify you. An e-mail address is necessary to contact you if we need to, for example you wishing to withdraw or because an unforeseen concern has arisen.

We hope these assurances encourage you to take part given that you can withdraw at any time. Just contact Dr John Durkin at john@stage-28.com or Andy Pike at apike999@hotmail.com so that your unprocessed data can be traced and deleted. If it has been processed, your e-mail address and participation record will be deleted. No harm is anticipated from taking part as no complaint has been received after years of doing this work. You will receive contact and support information on the e-mail you receive, as well as Andy's contact details.

Your contribution is essential to us and, if we demonstrate anything positive, those who stand to benefit in future. We hope you will complete it carefully and honestly knowing it should take only a few minutes.

If you have any concerns or important questions raise them with Andy at: <u>apike999@hotmail.com</u>.

More information can be found on the FAQs page of the STAGE-28 website: <u>https://stage-28.com</u>.

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